

1. Identify your top five character defects – the character defects that are the most self-destructive, harmful to others, or which you’ve identified have hindered your spiritual growth:

- (1)
- (2)
- (3)
- (4)
- (5)

2. Of the character defects you have identified above, write out a few ways in which they are self-destructive, harmful to others, or hinder your spiritual growth:

- (1)
- (2)
- (3)
- (4)
- (5)

3. Based on what you have written in Questions #1 & #2, what are some ways in which you either are “ready” or can demonstrate “readiness” to surrender your top five character defects to God?

- (1)
- (2)

- (3)
- (4)
- (5)

4. For your character defects listed in Question #1, please admit to yourself whether you are currently willing to surrender them to God. If you are struggling to answer, you may reference the ways in which the defect may be self-destructive, harmful to others, or impeding your spiritual growth as listed in Question #2.

- (1)
- (2)
- (3)
- (4)
- (5)

5. Referring to Question #1, and your list of your top 5 character defects, with respect to each character defect list whether you have any of the following thoughts about each one: (i) a conscious decision that we will never give up a specific character defect; (ii) blaming the defect on others: people, situations, or institutions; (iii) rationalizing either having the defect or acting out on the character defect; and (iv) denial of how our own behaviors/attitudes contribute to the continued existence of the character defect in our lives.

- (1)
- (2)
- (3)

- (4)
- (5)

6. Taking your top 5 character defects, listed in Question #1, consider what the corresponding character asset is, write that down, and consider what it would be to act in accordance with the character asset as opposed to the character defect.

- (1)
- (2)
- (3)
- (4)
- (5)